DAILY PROGRESS CHART TO MONITOR

RESTLESS LEGS ACTIVITY (enter 1 checkmark for EACH incident)

DAY	Morning (wake up)	Morning				Afternoon				Evening				Bedtime	Middle of Night/ Early Morning			
Typical Day Previous to This Program																		
DAY 1																		
DAY 2																		
DAY 3																		
DAY 4																		
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DAY 26																		
DAY 27																		
DAY 28																		
DAY 29																		
DAY 30																		

DAY	Morning (wake up)	Morning				Afternoon				Evening				Bedtime	Middle of Night/ Early Morning			
DAY 31																		
DAY 32																		
DAY 33																		
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DAY 60																		

DAY	Morning (wake up)	Morning				Afternoon				Evening				Bedtime	Middle of Night/ Early Morning			
DAY 61																		
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